

# FEBRUARY



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Movie Matinee 14:00 Movie Matinee cont'd</p>	<p>4</p> <p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Trivia 14:00 Sing with Dawa</p>	<p>5</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ladderball 13:00 You be the Judge 14:00 Table Top Games</p>	<p>6</p> <p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 YouTube Concert 14:00 Craft Corner</p>	<p>7</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Celebrity Spotlight 14:00 BINGO</p>
<p>10</p> <p>10:30 Current Events 11:00 Exercise 11:30 Chair Dancing 13:00 Fitness Club 14:00 Room 217: Music</p>	<p>11</p> <p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Client Bill of Rights 14:00 Craft Corner</p>	<p>12</p> <p>10:30 Current Events 11:00 Exercise 11:30 Horseshoes 13:00 VALENTINE'S BINGO 14:00 Spa/Hand Massage</p>	<p>13</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ladderball 13:00 Relax and Colour 14:00 Chef's Table</p>	<p>14</p> <p>10:30 Current Events 11:00 Exercise 11:30 Shuffleboard 13:00 Valentine's Day 14:00 Party</p>
<p>17</p> <p>ADS Closed Family Day</p>	<p>18</p> <p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 BINGO 14:00 Relax and Colour</p>	<p>19</p> <p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Room 217: Music 14:00 Pictionary</p>	<p>20</p> <p>10:30 Current Events 11:00 Exercise 11:30 Parachute Game 13:00 Memory Games 14:00 Jewelry Making</p>	<p>21</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ladderball 13:00 Travelogue: Turkey 14:00 Fitness Club</p>
<p>24</p> <p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 YouTube Concert 14:00 Reading Group</p>	<p>25</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ladderball 13:00 Memory Book 14:00 Table Top Games</p>	<p>26</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Fitness Club 14:00 Knitting Circle</p>	<p>27</p> <p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 BINGO 14:00 Spa/Hand Massage</p>	<p>28</p> <p>10:30 Current Events 11:00 Exercise 11:30 Chair Dancing 13:00 Room 217: Music 14:00 Craft Corner</p>



**Daily Events**

10:00 Clients Arrive  
10:15 Breakfast  
10:30 Current Events  
11:00 Exercise  
12:00 Lunch  
13:00 Activity Program  
14:30 Snacks  
15:00 Clients Return Home

**Special Events / Outings**

Valentine's Day Party

Programs are subject to change depending on the client's interests

