



Adult Day Service - Bloor site

1709 Bloor St. W. 2nd Fl.

Tel: (416) 653-3535, ext. 229

February

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Events 10:00 Clients Arrive 10:15 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Activity Program 14:30 Snacks 15:00 Clients go Home	Outings/Special Events Valentines Day Tea- 14th	"to love and be loved is like feeling the sun from both sides" ♥		
3 10:30 Current Events 11:00 Exercise 11:30 Ball Bounce 13:00 Sing along w Helena 14:00 Family Day Craft	4 10:30 Current Events 11:00 Exercise 11:30 Parachute Game 13:00 Crosswords 14:00 Riddle me this !	5 10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Ladder Ball 14:00 Pictionary	6 10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Bingo ! 14:00 Spa/Hand Massage	7 10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Name that tune 14:00 Word games
10 10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Creative Corner 14:00 Table Top Games	11 10:30 Current Events 11:00 Exercise 11:30 Mini Golf 13:00 Sing along w Helena 14:00 Spa/Hand Massage	12 10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Valentine's Day Craft	13 10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Word Scramble 14:00 Relax and Color	14 10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Valentine's Day Tea and Trivia Games
	18 10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Jingo ! 14:00 Funny Riddles	19 10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Black History Event 14:00 Table Top Games	20 10:30 Currents Events 11:00 Exercise 11:30 Ball Bounce 13:00 Sing along w Helena 14:00 Relax and color	21 10:30 Currents Events 11:00 Exercise 11:30 Parachute Game 13:00 Celebrity Spotlight 14:00 Client Bill of Rights
24 10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Trivia Games 14:00 Word Search	25 10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Crosswords 14:00 Spa/Hand Massage	26 10:30 Current Events 11:00 Exercise 11:30 Mini Golf 13:00 Sing along w Helena 14:00 Sum it up !	28 10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Bingo ! 14:00 Client Bill of Rights	29 10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Movie 14:00 Movie cont.