

Adult Day Service - Bloor site

1709 Bloor St. W. 2nd Fl.

Tel: (416) 653-3535, ext. 229



August



Monday

Tuesday

Wednesday

Thursday

Friday



Monday	Tuesday	Wednesday	Thursday	Friday
 1 10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Crosswords 14:00 Relax and Color	2 10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Crosswords 14:00 Relax and Color	3 10:30 Current Events 11:00 Exercise 11:30 Mini Golf 13:00 Riddle me this ! 14:00 Walking Club	4 10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Bingo ! 14:00 Word Search	5 10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Movie 14:00 Movie cont.
8 10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Trivia games 14:00 Spa/Hand Massage	9 10:30 Current Events 11:00 Exercise 11:30 Bean Bag Toss 13:00 Pathways 14:00 Word Search	10 10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Sing along w Helena 14:00 Animal Trivia	11 10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Table Top Games 14:00 Mandala Art	12 10:30 Current Events 11:00 Exercise 11:30 Mini Golf 13:00 Crossword 14:00 Relax and Color
15 10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Word in word 14:00 Do you know? Trivia	16 10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Jingo ! 14:00 Word scramble	17 10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Crossword 14:00 Walking Club	18 10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Sing along w Helena 14:00 Spa/Hand Massage	19 10:30 Currents Events 11:00 Exercise 11:30 Bean Bag Toss 13:00 Jeopardy ! 14:00 Summer reminiscing
22 10:30 Currents Events 11:00 Exercise 11:30 Ring Toss 13:00 Word scramble 14:00 Word Search	23 10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Sing along w Helena 14:00 Table Top Games	24 10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Summer Craft 14:00 Summer Craft cont.	25 10:30 Currents Events 11:00 Exercise 11:30 Bean Bag Toss 13:00 Pathways 14:00 Spa/Hand Massage	26 10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Riddle me this ! 14:00 TV Trivia
29 10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Crossword 14:00 Relax and color	30 10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Sing along w Helena 14:00 Do you know? Trivia	31 10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Bingo! 14:00 Client Bill of Rights	Outings/Special Events: Daily Events 10:00 Clients Arrive 10:15 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Activity Program 14:30 Snacks 15:00 Clients go Home	