

Adult Day Service - Weston Site

1167 Weston Road
Tel: (416) 249-7946



MAY



Monday	Tuesday	Wednesday	Thursday	Friday
Daily Events 10:00 Clients Arrive 10:15 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Activity Program 14:30 Snacks 15:00 Clients Return Home	Special Events / Outings Cindo de Maya Party—3rd Mother's Day Tea—13th Victoria Day—20th (ADS Closed) Library Visit—23rd	10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Spring Bingo 14:00 Fitness Club	10:30 Current Events 11:00 Exercise 11:30 Ladder ball 13:00 Mexican Chef's Table 14:00 Mexican documentary	10:30 Current Events 11:00 Exercise 11:30 Chair Dancing 13:00 Cinco de Mayo Party 14:00 Mexican Music
6	7	8	9	10
10:30 Current Events 11:00 Exercise 11:30 Pilates 13:00 Travelogue: Holland 14:00 Craft Corner: Cards	10:30 Current Events 11:00 Exercise 11:30 Horseshoes 13:00 Mother's Day Craft 14:00 YouTube Concert	10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 BINGO 14:00 Word Games	10:30 Current Events 11:00 Exercise 11:30 Chair Dancing 13:00 Baking: Blueberry 14:00 Jewelry Making	10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Craft Corner: Cards 14:00 Chair Yoga
13	14	15	16	17
10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Mother's Day Tea 14:00 Sing with Dawa	10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Table Top Games 14:00 Fitness Club	10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Reminiscing: Family 14:00 Craft: Birdfeeders	10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 BINGO 14:00 Room 217: Music	10:30 Current Events 11:00 Exercise 11:30 Horseshoes 13:00 Word Games 14:00 Trivia
20	21	22	23	24
Victoria Day ADS Closed	10:30 Current Events 1:00 Exercise 11:30 Chair Yoga 13:00 BINGO 14:00 Crossword	10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Sing with Dawa 14:00 Spa/Hand Massage	10:30 Current Events 11:00 Exercise 11:30 Horseshoes 13:00 Library Visit 14:00 YouTube Concert	10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Guess the Year 14:00 Fitness Club
27	28	29	30	31
10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Reading Group: Mystery 14:00 Word Games	10:30 Current Events 11:00 Exercise 11:30 Horseshoes 13:00 Painting Workshop 14:00 Clients Bill of Rights	10:30 Current Events 11:00 Exercise 11:30 Ladder Ball 13:00 Craft Corner 14:00 Room 217: Music	10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Trivia 14:00 Relax and Colour	10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Movie 14:00 Movie cont'd