

Adult Day Service - Bloor site

1709 Bloor St. W. 2nd Fl.

Tel: (416) 653-3535, ext. 229

May



Monday

Tuesday

Wednesday

Thursday

Friday

Outings/Special Events

Mother's Day Tea

10:30 Current Events
11:00 Exercise
11:30 Ball Bounce
13:00 Word scramble
14:00 Flower arrangements

6

10:30 Current Events
11:00 Exercise
11:30 Ring Toss
13:00 Bingo !
14:00 Spa/Hand mas-

7

10:30 Current Events
11:00 Exercise
11:30 Soccer
13:00 Mother's Day Craft
14:00 Kitchen corner

8

10:30 Current Events
11:00 Exercise
11:30 Balloon Badminton
13:00 Sing along w Helena
14:00 Riddle me this !

9

10:30 Current Events
11:00 Exercise
11:30 Balloon Badminton
13:00 Mother's Day Tea
14:00 MD Reminiscing

10

10:30 Current Events
11:00 Exercise
11:30 Soccer
13:00 Crosswords
14:00 Relax and Colour

13

10:30 Current Events
11:00 Exercise
11:30 Balloon Badmin-
ton
13:00 Bingo!

14

10:30 Current Events
11:00 Exercise
11:30 Chair Yoga
13:00 Sing along w Helena
14:00 Client Bill of Rights

15

10:30 Current Events
11:00 Exercise
11:00 Ring Toss
13:00 DIY Planters
14:00 Gardening w Mekdes

16

10:30 Current Events
11:00 Exercise
11:30 Soccer
13:00 Word scramble
14:00 Riddle Me This!

17

Victoria Day
ADS Closed



20

10:30 Current Events
11:00 Exercise
11:30 Chair Yoga
13:00 Sing along w Helena
14:00 Walking Club

21

10:30 Current Events
11:00 Exercise
11:30 Ring Toss
13:00 Riddle me this !
14:00 Trivia Games

22

10:30 Current Events
11:00 Exercise
11:30 Balloon badminton
13:00 Jingo
14:00 Categories

23

10:30 Current Events
11:00 Exercise
11:30 Bowling
13:00 Movie
14:00 Movie cont.

24

10:30 Current Events
11:00 Exercise
11:30 Bowling
13:00 Trivia games
14:00 Word Search

27

10:30 Current Events
11:00 Exercise
11:30 Ball Bounce
13:00 Bingo !
14:00 Charades

28

10:30 Current Events
11:00 Exercise
11:30 Soccer
13:00 Pathways
14:00 Spa/hand massage

29

10:30 Current Events
11:00 Exercise
11:30 Balloon Badminton
13:00 Sing along w Helena
14:00 Word Games

30

Daily Events
10:00 Clients Arrive
10:15 Breakfast
10:30 Current Events
11:00 Exercise
12:00 Lunch
13:00/14:00 Activity/Program
14:30 Snacks
15:00 Clients go Home