


**Adult Day Service - Weston site**

1167 Weston Road  
Tel: (416) 249-7946

# FEBRUARY



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Special Events / Outings</b></p> <p>~High Park Outing—TBD ~Chinese New Year—5th ~Valentine's Day Party—14th ~Piano Concert Series—Thursdays</p>				<p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Mexican Movie 14:00 Movie cont'd</p>
4	5	6	7	8
<p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Chef's Table—Chinese 14:00 Fitness Club</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Chinese Fan Dancing 13:00 Lunar New Year 14:00 Painting Workshop</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Chinese Zodiac 101 14:00 Room 217: Music</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Piano Concert Series 14:00 Beading</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Chair Dancing 13:00 BINGO 14:00 Relax and Colour</p>
11	12	13	14	15
<p>10:30 Current Events 11:00 Exercise 11:30 Ladderball 13:00 Valentine's Craft 14:00 Valentine's Bingo</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Chair Dancing 13:00 Love Around the World 14:00 YouTube Concert</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Baking: Valentine's 14:00 Reminiscing: Love</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Valentine's Day Party 14:00 Sing with Dawa</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Travelogue: Paris 14:00 Table Top Games</p>
18	19	20	21	22
<p>Family Day ADS Closed</p> 	<p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Fitness Club 14:00 Table Top Games</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Knitting Circle 14:00 Trivia</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Chair Dancing 13:00 Piano Concert Series 14:00 Word Games</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Painting Workshop 14:00 Room 217: Music</p>
25	26	27	28	
<p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Sing with Dawa 14:00 Word Games</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Craft Corner 14:00 Spa/Hand Massage</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Horseshoes 13:00 BINGO 14:00 Relax and Colour</p>	<p>10:30 Current Events 11:00 Exercise 11:30 Ladderball 13:00 Piano Concert Series 14:00 Table Top Games</p>	<p><b>Daily Events</b> 10:00 Clients Arrive 10:15 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Activity Program 14:30 Snacks 15:00 Clients Return Home</p>