



Adult Day Service - Bloor site

1709 Bloor St. W. 2nd Fl.

Tel: (416) 653-3535, ext. 229

February

Monday	Tuesday	Wednesday	Thursday	Friday	
Daily Events 10:00 Clients Arrive 10:15 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Activity Program 14:30 Snacks 15:00 Clients go Home	<u>Outings/Special Events</u> Valentines Day Tea- 14th			10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Pathways 14:00 Spa/Hand Massage	
4	5			6	7
10:30 Current Events 11:00 Exercise 11:30 Ball Bounce 13:00 Sing with Helena 14:00 Family Day Craft	10:30 Current Events 11:00 Exercise 11:30 Parachute Game 13:00 Pictionary 14:00 Word Searches	10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Crossword 14:00 Pictionary	10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Bingo ! 14:00 Spa/Hand Massage	10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Trivia 14:00 Relax and color	
		12	13	14	15
18	19	20	21	22	
10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Crosswords 14:00 Word Search	10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Travelogue: Paris 14:00 Bingo!	10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Black History Event 14:00 Table Top Games	10:30 Currents Events 11:00 Exercise 11:30 Ball Bounce 13:00 Sing with Helena 14:00 Relax and color	10:30 Currents Events 11:00 Exercise 11:30 Parachute Game 13:00 Word Scramble 14:00 Charades	
25	26	27	28		
10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Crossword 14:00 Mandala Craft	10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Pathways 14:00 Spa/Hand Massage	10:30 Current Events 11:00 Exercise 11:30 Mini Golf 13:00 Sing with Helena 14:00 TV Trivia	10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Pictionary 14:00 Client Bill of Rights	