

Adult Day Service - Bloor site

1709 Bloor St. W. 2nd Fl.

Tel: (416) 653-3535, ext. 229

December

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Events

10:00 Clients Arrive
10:15 Breakfast
10:30 Current Events
11:00 Exercise
12:00 Lunch
13:00 Activity Program
14:30 Snacks
15:00 Clients go Home

Outings/Special Events

Christmas Party
Westminster Choir Performance



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Bingo! 14:00 Word search	10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Trivia pursuit 14:00 Client Bill of Rights	10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Christmas Tree erecting and decorating	10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Sing along w Helena 14:00 Relax and color	10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Crossword 14:00 Westminster Choir
10	11	12	13	14
10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Jingo! 14:00 Spa/Hand massage	10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Sing along w Helena 14:00 Categories	10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Christmas Craft 14:00 Christmas Craft	10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Westminster Choir 14:00 Table Top Games	10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Word Games 14:00 Pictionary
17	18	19	20	21
10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Bingo! 14:00 Word search	10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Christmas Party 14:00 Christmas Party cont.	10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Sing along w Helena 14:00 Table Top Games	10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Crosswords 14:00 Pathways	10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Christmas Day Reminiscing
24	25	26	27	28
10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton	ADS Closed 	ADS Closed 	10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Jingo 14:00 Trivia pursuit	10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Sing along w Helena 14:00 Relax and Color