

Adult Day Service - Bloor site

1709 Bloor St. W. 2nd Fl.

Tel: (416) 653-3535, ext. 229



July



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>3</p> <p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Sing with Helena 14:00 Relax and Color</p>	<p>4</p> <p>10:30 Current Events 11:00 Exercise 11:30 Mini Golf 13:00 Canada Day Celebration 14:00 Walking Club</p>	<p>5</p> <p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Bingo 14:00 Word Search</p>	<p>6</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Movie 14:00 Movie cont.</p>
<p>9</p> <p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Bingo 14:00 Spa/Hand Massage</p>	<p>10</p> <p>10:30 Current Events 11:00 Exercise 11:30 Bean Bag Toss 13:00 Pathways 14:00 Word Search</p>	<p>11</p> <p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Sing along w Helena 14:00 Animal Trivia</p>	<p>12</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Table Top Games 14:00 Mandala Art</p>	<p>13</p> <p>10:30 Current Events 11:00 Exercise 11:30 Mini Golf 13:00 Crossword 14:00 Relax and Color</p>
<p>16</p> <p>10:30 Current Events 11:00 Exercise 11:30 Bowling 13:00 Sing along w Helena 14:00 Word Search</p>	<p>17</p> <p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Ball Dance 14:00 Tasty Trivia</p>	<p>18</p> <p>10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Crossword 14:00 Walking Club</p>	<p>19</p> <p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Ladder Ball 14:00 Spa/Hand Massage</p>	<p>20</p> <p>10:30 Currents Events 11:00 Exercise 11:30 Bean Bag Toss 13:00 Bingo! 14:00 Summer reminiscing</p>
<p>23</p> <p>10:30 Currents Events 11:00 Exercise 11:30 Ring Toss 13:00 Ladder Ball 14:00 Word Search</p>	<p>24</p> <p>10:30 Current Events 11:00 Exercise 11:30 Chair Yoga 13:00 Pathways 14:00 Crossword</p>	<p>25</p> <p>10:30 Current Events 11:00 Exercise 11:30 Balloon Badminton 13:00 Crosswords 14:00 Craft Corner</p>	<p>26</p> <p>10:30 Currents Events 11:00 Exercise 11:30 Bean Bag Toss 13:00 Sing along w Helena 14:00 Riddle Me This</p>	<p>27</p> <p>10:30 Currents Events 11:00 Exercise 11:30 Soccer 13:00 Bingo! 14:00 Riddle Me This !</p>
<p>30</p> <p>10:30 Current Events 11:00 Exercise 11:30 Soccer 13:00 Bingo! 14:00 Mandala Art</p>	<p>31</p> <p>10:30 Current Events 11:00 Exercise 11:30 Ring Toss 13:00 Sing along w Helena 14:00 Relax and color</p>	<p>Outings/Special Events Canada Day Celebration July 4</p>		<p>Daily Events 10:00 Clients Arrive 10:15 Breakfast 10:30 Current Events 11:00 Exercise 12:00 Lunch 13:00 Activity Program 14:30 Snacks 15:00 Clients go Home</p>